

Is there any relation between food and sexual ability?

A human body needs food to grow and to live healthy. However, the quality of one's food is more important than quantity.

How can a husband remain capable all the life?

Moderate sex, may be two or three times a week in the beginning of their marital life and then it may be reduced to two or one.

Does a big penis satisfy the woman more than a smaller one?

You have probably heard horror stories about the ideal size of penis and that the woman loves the man who has a big penis. As a matter of fact, the average penis is thirteen to eighteen centimeters in length when erect, and that is more than enough to satisfy a woman. The vagina is capable of stretching to take a large penis or shape itself to pleasure a small one. Size has very little to do with one's ability as a lover.

What about Masturbation?

Excessive masturbation has many effects: physical or psychological. It may lead to fast ejaculation or weak erection when marrying. But after practicing natural and legal intercourse, he regains his sexual capability again. Such people would better practice sports and read and avoid erotic scenes.

Does sex spoil love?

Unlawful sex will surely spoil it. This is because unrestricted sex may be boring. Lovers beyond the pale of marriage will surely separate each other.

What are the differences between man and woman concerning sensual relationship?

1. Women's desire changes from time to time. Sometimes it increases and another time decreases. On the other hand, man's desire has no time.
2. Unlike woman, man is easy to stimulate. He does not need to show erotic scenes or foreplay to practice sex. On the other

- hand, woman needs to be stimulated before sex.
3. Unlike man woman needs a long time to reach the point of orgasm.

What about the circumcision of females?

Circumcision is to cut the front part of the clitoris. It is forbidden in countries where moderate or hot weather. But it is necessary in hot climate because it leads to an unusual sexual sensitivity. It is recommended to cut only a small part of the clitoris to preserve her sensual desire.

What if one fails to be erotic while having sexual intercourse?

This may be due to one's systematic life. The wife is mainly responsible for such a case. She would better wear erotic clothes, speak and behave in erotic manner.

How could a husband continue having sexual relation as long as he lives?

1. He should be moderate in having sexual intercourse.
2. He should not exhaust himself mentally or physically.
3. Abstaining from wine, smoking and erotic medicine.
4. Having trust in one's self.
5. Exchanging love, lovely words and passionate glances.
6. Having delicious and nutritious food.
7. Using different perfumes.

What do enemies of Islam want from the Muslim woman?

There are those who want to distract the woman from doing your her. They want to distract her from meeting her noble obligation that is, to defend the religion of Allah and raise His Word high. Those enemies use many methods:

First: They distract her from what Allah created her to perform of worship, belief and Da'wah (disseminating Islam). They use this worldly life as their bate: Jewelry stores, fashions that originate in non-Muslim countries, new models all the time, desires raised, hunger that can never be satisfied, pleasures and competition for them and endless ways for joy. Allah did not create us for this. Indulging in